The Association Between Number of Children, Educational Attainment, and Financial Well-Being Among Hispanic Women



Marveya Flor Velásquez Quantitative Analysis Center, Wesleyan University

Introduction

- ❖ Hispanic women remain one of the poorest groups in the U.S., having the third highest poverty rate of 24% among other races as well as the group with the highest fertility rates in the U.S.(Institute for Women's Policy Research, 2015; March of Dimes 2024).
- ❖ Hispanic women are 20% more likely to have bigger families (commonly four or more children), compared to Whites, Blacks, and Asians (Livingston, 2015)
- ❖ While educational attainment is shown to affect fertility rates and financial well-being, it is unclear whether educational attainment serves as a basis for patterns of financial well-being and childbearing, especially among Hispanic women.
- Research shows that there is a decreasing trend in childbearing among Hispanic/Latino women due to the increase of educational attainment but shows no correlation with rates of financial well-being (Zang et al., 2022).
- This study investigates an association between educational attainment childbearing and financial well-being.

Methods

Sample

❖ Hispanic women from the 2016 National Financial Well-Being Survey (NFWBS) Public Use File (PUF) represents the non-institutionalized adult population of the United States and the District of Columbia

Measures

- Educational attainment was assessed using the GfK Knowledge Panel and measured with the question "What is the highest degree you received?"
- Childbearing was evaluated using "Do you have children you currently financially support?"
- ❖ Financial well-being was assessed using the Consumer Financial Protection Bureau Financial Well-Being Scale that is measured through four elements of financial security and financial freedom: having control over day-to-day, month-to-month finances, having the capacity to absorb a financial shock, being on track to meet your financial goals, and having the financial freedom to make choices that allow you to enjoy life

Research Questions

- Among Hispanic women, does having higher educational attainment:
 - Impact whether they have or do not have existing children?
 - Influence Financial Well-Being?

Results

Univariate

- ❖ Fully 53% of Hispanic women have children they financially support
- A total of 6% of these women have received postgraduate or professional degrees

Bivariate

- ❖ Analysis of Variance (ANOVA) revealed an increase in financial well-being scores for those with graduate or professional degrees as compared to their high school counterparts. Although this relationship is not significant. (Figure 1.)
- ANOVA also showed a significant increase in financial well-being scores for those who do not have children compared to those who do have children. (Figure 2.)

Multivariate

- ❖ Higher educational attainment is associated with higher financial wellbeing scores after controlling for those who have kids they financially support.
- ❖ However, the linear regression model shows that having kids is more significant to influence higher financial well-being scores.
- ❖ The interaction between having kids, education levels, and financial wellbeing scores is not significant, however, the multiple linear regression shows that education is no longer significant when interacting the factor of kids. Having kids is a cofounder in this model. (Figure 3.)

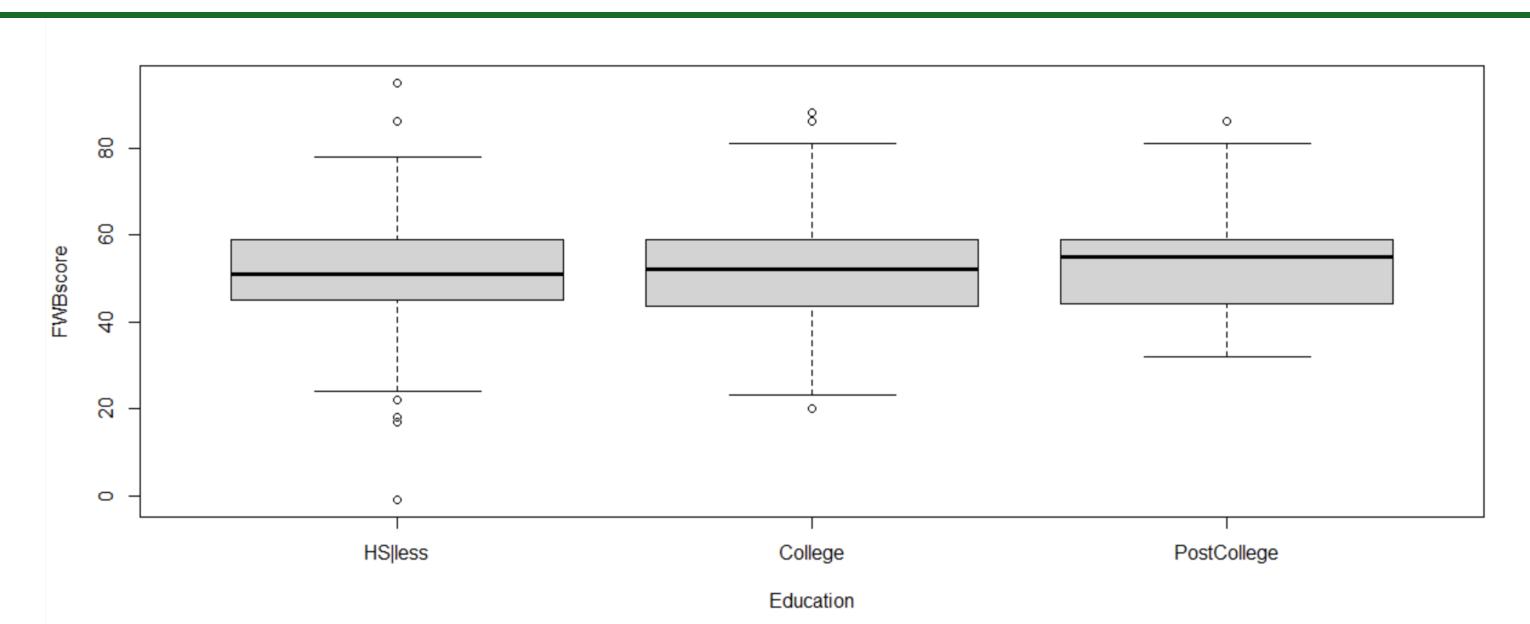


Figure 1. Financial well-being scores based on the women's educational attainment

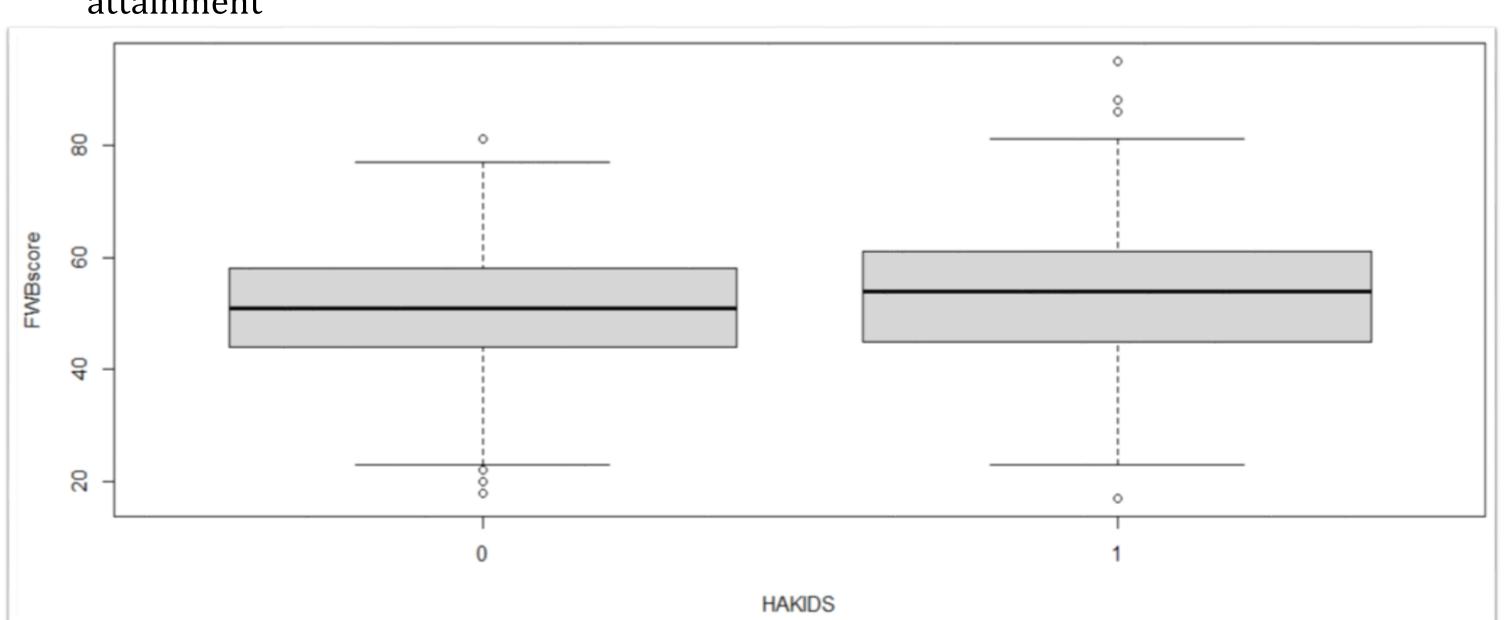


Figure 2. Financial well-being scores based on whether the women have or don't have children they financially support

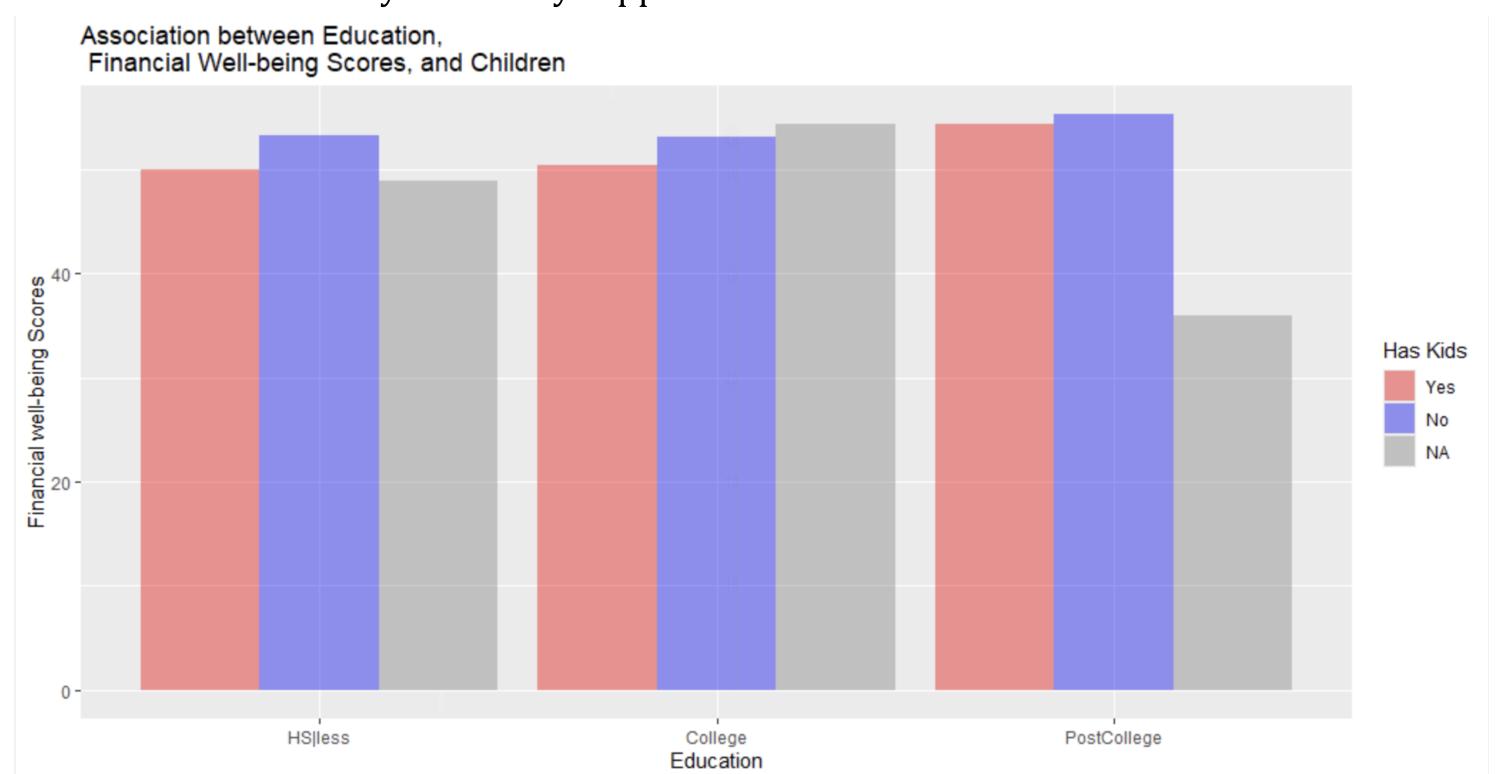


Figure 3. The Association between educational attainment, financial well-being scores, and children.

Discussion

- ❖ In every level of educational attainment Hispanic women who have children they financially support have higher financial well-being scores across all levels of educational attainment
- ❖ The highest financial well-being score is among the Hispanic women who don't have children and have the highest educational attainment, a graduate or a professional degree.
- Although, women who have children is the most influential factor to financial wellbeing.
- ❖ These findings may contribute to potential targeting of fertility among Hispanic women to decrease poverty among their communities by providing resources like sex education, affordable protection products, etc.
- ❖ Small sample size limits the legitimacy of the results.
- ❖ Further research is needed to be certain of the relationship between education and financial well-being along with children as they have no strong nor significant relationship.

Fertility rates by race/ethnicity: United States, 2020-2022 Average. (n.d.). March of Dimes | PeriStats.

https://www.marchofdimes.org/peristats/data?reg=99&top=2&stop=4&lev=1&slev=1&obj=1

Livingston, G., & Livingston, G. (2024, April 14). *Family Size Among Mothers*. Pew Research Center.

https://www.pewresearch.org/social-

 $\frac{trends/2015/05/07/family-size-among-}{mothers/\#:\sim:text=Among\%20mothers\%20near\%20the\%20end}, a\%20bit\%20smaller\%2C\%20on\%20average.$

Zang, E., Sariego, C., & Krishnan, A. (2022). The interplay of race/ethnicity and education in fertility patterns. *Population studies*, *76*(3), 363–385.

https://doi.org/10.1080/00324728.2022.2130965